

Impetigo or Hand, foot and mouth?

What are these illnesses?

▶ **HAND, FOOT AND MOUTH DISEASE**

- A viral illness that effects infant and children 5 years old and younger

▶ **IMPETIGO**

- A bacterial skin infection

What are the symptoms?

▶ **HAND, FOOT AND MOUTH DISEASE**

- Begins with fever, reduce appetite, sore throat

- Painful sores develop in and around mouth and on hands and feet

▶ **IMPETIGO**

- Red sores on the face, especially nose and mouth and on hands and feet

- The sores burst and develop honey-colored crusts

How do you treat it?

▶ **HAND, FOOT AND MOUTH DISEASE**

- No specific treatment. Pain relievers may be used.

▶ **IMPETIGO**

- Antibiotic ointment or cream

- The sores burst and develop honey-colored crusts

Prevention?

▶ **HAND, FOOT AND MOUTH DISEASE**

- Wash your hands often with soap and water, especially after changing diapers and using the toilet.

- Clean and disinfect frequently touched surfaces and soiled items, including toys.

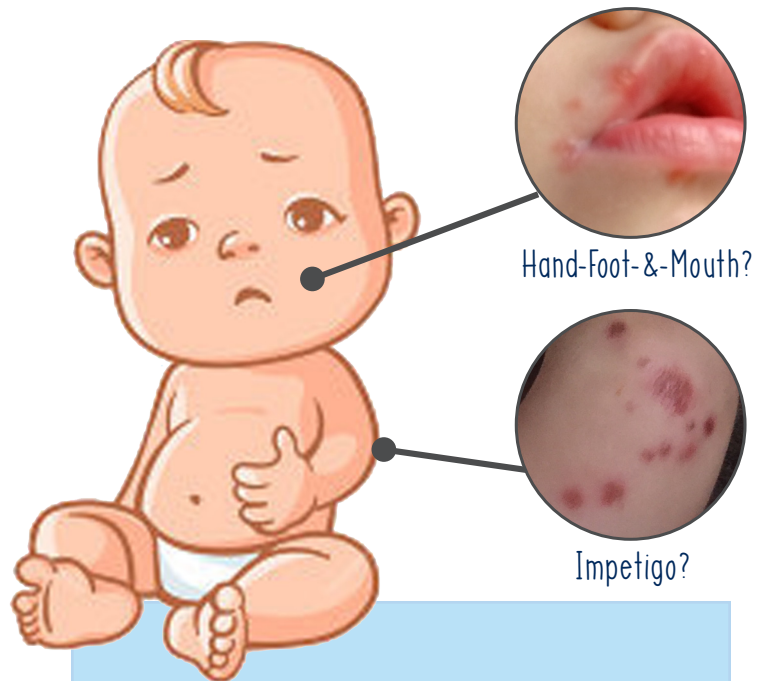
- Avoid close contact or sharing eating utensils.

▶ **IMPETIGO**

- Impetigo is caused when bacteria enters the body when the skin has already been irritated or injured because of other skin problems such as eczema, poison ivy, insect bites, burns, or cuts.

- Avoid close contact with infected persons. Don't share towels, sheets or clothes.

- Clip fingernails often to avoid scratching sores.



More information?

Visit these website for more information about these two illnesses.

▶ www.cdc.gov

▶ www.webmd.com

▶ www.mayoclinic.org